

# My Wave

**COPPER** **NOB**  
BY THE POUND

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Kate Sala (UK) - July 2018

**Music:** 'My Wave' by Keith Urban ft. Shy Carter. Album: Graffiti U. 3.33mins.



**Intro: 32 counts.**

## **Forward Heel Grind on R, Forward Heel Grind on L, Rocking Chair.**

- 1 2 Step forward on R heel with toes turned in. Grind the heel turning toes from left to right.
- 3 4 Step forward on L heel with toes turned in. Grind the heel turning toes from right to left.
- 5 6 Rock forward on R. Rock back on to L.
- 7 8 Rock back on R. Rock forward on to L.

## **Step, Kick. Back, Touch, Side Step, Kick, Side Step, Hook Behind.**

- 1 2 Step forward on R. Kick left foot forward (Clap).
- 3 4 Step back on L. Touch R next to L.
- 5 6 Step R to right side. Kick L across R.
- 7 8 Step L to left side. Hook R foot up behind L .

## **Grapevine Right, Touch, Grapevine Left With 1/4 Turn Left, Scuff.**

- 1 2 Step R to right side. Cross step L behind R.
- 3 4 Step R to right side. Touch L next to R.
- 5 6 Step L to left side. Cross step R behind L.
- 7 8 Turn 1/4 left stepping forward on L. Scuff R forward.

## **Diagonal Step Right, Swivel R Heel Out, In, Step Together, Tap Left Out, In, Heel Swivel Right.**

- 1 2 Step R forward to right diagonal. Swivel R heel out to right.
- 3 4 Swivel R heel left. Step R next to L.
- 5 6 Touch L toe out to left side. Step L next to R.
- 7 8 On balls of feet swivel both heels right. Recover heels back to centre.

**Start Again. Enjoy!**

---